

# Victoria Stroke Recovery Association

2964 Richmond Road, Victoria, BC

Téléphone : 778-350-8772

Web : <https://victoriastrokerecovery.org/>

## Summary

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## <b>Description</b>

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Note: This group is not a program of March of Dimes Canada.

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### Dates & Times:

Meetings take place every Friday from September through to June, at 10:15 am to 1:30 pm.

### Who would benefit from this group?

Stroke survivors and their care partners.

### Description of the group:

The Victoria Stroke Recovery Association supports stroke survivors and their care partners to improve their quality of life, allowing independent living and ongoing recovery. Programming for stroke survivors focuses on communication skills, self-management, group exercise and music therapy. Stroke survivors and care partners connect with others who share a similar experience for social connection, emotional support and resource sharing.

### Register

For more information, visit the [Victoria Stroke Recovery Association website](#) or call **778-350-8772**.

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**DISCLAIMER** – This group is a member of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, collaborate and share resources. Through the Network, groups collectively strive to expand and improve support available to people impacted by stroke across Canada.

This group operates independently of March of Dimes Canada. As such, March of Dimes Canada is not responsible for this group's activities and how it manages personal data.

## Language Spoken

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English