

Toronto Central Stroke Recovery Group

Toronto, Ontario (Map locations are approximate)

afterstroke@marchofdimes.ca

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Web :

https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew_OpyuNE5altumgvX6BAp94QrEOsMWVUNEfHVUNTn0FWMjFaQzYxVDhZRjEyUFJRUY4u



Summary

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Description

Dates & Times:

Third Wednesday of each month, from 12 noon - 2 pm.

Who would benefit from this group?

Anyone in Toronto and the west end of the city who has been impacted by stroke.

Description of the group:

This peer support group, led by a volunteer team including people impacted by stroke, provides a safe and welcoming space for members to support one another based on shared experiences of stroke. Meetings are casual gatherings where members may share resources and gain a sense of hope and community.

Language Spoken

English