Stroke Recovery Association of BC – TALK Virtual Program

British Columbia

Téléphone:

Web: https://strokerecoverybc.ca/

Summary

Publié: Oct 24, 2025

Description

Note: This group is not a program of March of Dimes Canada.

Dates & Times:

Meetings are held twice a month on Thursdays from 10:00 am - 11:00 am.

Who would benefit from this group?

Stroke survivors and/or their caregivers.

Description of the group:

TALK (Talk, Adapt, Learn, Know) Program focuses on conversations about your life after a stroke. This is twice-monthly meeting among stroke survivors, facilitated by a counsellor.

We TALK about:

- Understanding and coping with the hidden effects of stroke.
- · We learn from each other.
- · We support each other.

Register for this free program at: https://strokerecoverybc.ca/

DISCLAIMER – This group is a member of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, collaborate and share resources. Through the Network, groups collectively strive to expand and improve support available to people impacted by stroke across Canada.

This group operates independently of March of Dimes Canada. As such, March of Dimes Canada is not responsible for this group's activities and how it manages personal data.

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English