

# Stroke Recovery Association of BC

27 Groups Across British Columbia

Téléphone :

Web : <https://strokerecoverybc.ca/>

## Summary

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## **<b>Description</b>**

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Note: This group is not a program of March of Dimes Canada.

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### **Stroke Recovery Association of British Columbia hosts 27 peer support groups across BC.**

#### **Who would benefit from these groups?**

Stroke survivors and/or their caregivers.

#### **Description of the groups:**

The Stroke Recovery Association of British Columbia offers a wide range of peer support groups. Some groups are offered in-person in communities around the province, while others are hosted online via Zoom. These groups provide an opportunity to connect with other people impacted by stroke for support and companionship, and to share stories and learn from one another in a supportive environment.

#### **Group locations**

- Castlegar
- Chilliwack
- Comox
- Coquitlam
- Delta
- Kamloops
- Kelowna
- Maple Ridge
- Nanaimo
- Nelson
- Prince George
- Richmond
- Surrey
- Vancouver /Shaughnessy
- White Rock
- Salmon Arm

#### **Virtual Programs**

- Collingwood Chinese Virtual Program
- Chinese Virtual Program
- Fraser Region Virtual Program
- Musical Minds Virtual Social Program
- Northern Region Virtual Program
- PERK Virtual Program
- South Asian/Punjabi Virtual Program
- TALK Virtual Program
- Vancouver Coastal Regional Virtual Program
- Vancouver Island Regional Virtual Program
- White Rock Virtual Program

#### **Register**

Visit [strokerecoverybc.ca](http://strokerecoverybc.ca) for more information or to register.

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**DISCLAIMER** – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.

This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.

March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

**Language Spoken**

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English