# Stroke Recovery Association of Barrie and District

Allandale Recreational Centre, 190 Bayview Drive, Barrie, Ontario

Téléphone: 705-737-9202

Web: mailto:ddeir@marchofdimes.ca

Summary

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## <b>Description</b>

Note: This group is not a program of March of Dimes Canada.

#### **Dates & Times:**

Dates and times vary by program. Please call 705-737-9202 for details.

# Who would benefit from this group?

Stroke survivors in Barrie and surrounding areas.

#### **Description of the group:**

Stroke Recovery Association of Barrie and District is a community-based support group providing programs and encouragement for people who have experienced a stroke. Activities include chair exercises, a pool program, occasional outings, guest speakers, and—of course—social time. There is an annual fee for on-going members to help cover program costs. New individuals are welcome to attend a couple of meetings/activities at no cost to determine suitability.

### Register

To join the group, please call **705-737-9202** or email <u>ddeir@marchofdimes.ca</u> for details.

**DISCLAIMER** – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.

This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.

March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

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