Provincial Peer Support Program – London and Region

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Summary

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Description

Note: This group is not a program of March of Dimes Canada.

Who would benefit from this group?
Stroke Survivors and Caregivers
Description of the group:
The Ontario Brain Injury Association celebrates 20 years of peer support.
• The FREE Peer Support Program offers understanding, emotional, social and informational support between people who share similar experiences after brain injury or concussion.
• The program is open to both survivors of brain injury/concussion and direct caregivers who are 18 years of age and older. Participants must reside in Ontario, Canada.
• Mentors and Partners are matched based on similar experiences, needs and personal interests.
• Connections between Mentors and Partners generally takes place over the phone or email once per week for a 1 year period.
• The program is coordinated through 16 local brain injury associations across Ontario, making it possible for people to be matched province-wide.
Need more information?
This program is available to residents across Ontario. Please contact us to be connected with your closest association.

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For further information please contact the toll-free Helpline at 1-800-263-5404 or via the OBIA website at Ontario Brain Injury Association (OBIA) | Education, Awareness, & Support (www.obia.ca)

Additional OBIA Programs and Services
• Facilitated Online Concussion and Caregiver Support Groups
• Return to Work Program: Support for Employers, Employees and Job Seekers
• Life After Impact: A Gender-Based Violence and Concussion Support Program

DISCLAIMER – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.
This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.
March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

Language Spoken

English

Participation Format

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