#### **London After Stroke Chapter**

London, Ontario (Map locations are approximate) afterstroke@marchofdimes.ca Téléphone : 1-888-540-6666 Web :





#### **Summary**

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### <br/><b>Description</b>

#### **Dates & Times:**

Second Thursday of each month, from 2:30 pm - 4:30 pm.

### Who would benefit from this group?

Anyone living in London and the surrounding area who has been impacted by stroke.

## **Description of the group:**

This peer support group, led by a volunteer team including people impacted by stroke, provides a safe and welcoming space for members to support one another based on shared experiences of stroke. Meetings are casual gatherings where members may share resources and gain a sense of hope and community.

# Language Spoken

English