

# Hamilton Wentworth Stroke Recovery Association

Optimist Club of Stoney Creek at 890 Queenston Road, Stoney Creek, Ontario  
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## Summary

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## <b>Description</b>

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Note: This group is not a program of March of Dimes Canada.

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### Dates & Times:

Last Wednesday of each month, from 1 pm - 3 pm.  
No meetings in July and August.

### Who would benefit from this group?

Anyone in Hamilton Wentworth and the surrounding areas who has been impacted by stroke, including survivors, caregivers and other family members.

### Description of the group:

The Hamilton Wentworth Stroke Recovery Association is a friendly group composed of stroke survivors, their spouses, caretakers, family and friends. Sharing information, socializing, participating and educating together. Supporting each other, going to outings, and social events. We provide refreshments as well! Hope to meet you soon!

### Register

To join the group, please email us at [hwsra2022@gmail.com](mailto:hwsra2022@gmail.com) or phone **905-662-7819**.

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**DISCLAIMER** – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.

This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.

March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

## Language Spoken

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English