

# Hamilton Wentworth Stroke Recovery Association

Optimist Club of Stoney Creek at 890 Queenston Road, Stoney Creek, Ontario  
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## Summary

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## <b>Description</b>

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Note: This group is not a program of March of Dimes Canada.

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### Dates & Times:

Last Wednesday of each month, from 1 pm - 3 pm.  
No meetings in July and August.

### Who would benefit from this group?

Anyone in Hamilton Wentworth and the surrounding areas who has been impacted by stroke, including survivors, caregivers and other family members.

### Description of the group:

The Hamilton Wentworth Stroke Recovery Association is a friendly group composed of stroke survivors, their spouses, caretakers, family and friends. Sharing information, socializing, participating and educating together. Supporting each other, going to outings, and social events. We provide refreshments as well! Hope to meet you soon!

### Register

To join the group, please email us at [hwsra2022@gmail.com](mailto:hwsra2022@gmail.com) or phone **905-662-7819**.

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**DISCLAIMER** – This group is a member of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, collaborate and share resources. Through the Network, groups collectively strive to expand and improve support available to people impacted by stroke across Canada.

This group operates independently of March of Dimes Canada. As such, March of Dimes Canada is not responsible for this group's activities and how it manages personal data.

## Language Spoken

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English