

## Hamilton After Stroke Chapter

Hamilton, Ontario (Map locations are approximate)

afterstroke@marchofdimes.ca

Téléphone : 1-888-540-6666

Web :

[https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew\\_OpyuNE5altumgvX6BAp94QrEOsMWVUNEfHVUNTn0FWMjFaQzYxVDhZRjEYUfJRUY4u](https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew_OpyuNE5altumgvX6BAp94QrEOsMWVUNEfHVUNTn0FWMjFaQzYxVDhZRjEYUfJRUY4u)



## Summary

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## <b>Description</b>

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### **Dates & Times:**

First Wednesday of each month, from 1 pm - 3 pm.

### **Who would benefit from this group?**

Anyone in Hamilton and surrounding areas who has been impacted by stroke.

### **Description of the group:**

This peer support group, led by a volunteer team including people impacted by stroke, provides a safe and welcoming space for members to support one another based on shared experiences of stroke. Meetings are casual gatherings where members may share resources and gain a sense of hope and community.

## Language Spoken

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English