# **Burnaby Stroke Recovery Group**

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### Summary

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## <b>Description</b>

Note: This group is not a program of March of Dimes Canada.

#### **Dates & Times:**

Every Friday (except holidays).

## Who would benefit from these groups?

Stroke survivors and their caregivers.

#### **Description of the group:**

The Burnaby Stroke Recovery Group provides free support meetings for stroke survivors and caregivers. Meetings aim to inspire and assist in stroke recovery by facilitating peer to peer connection, light exercises, brain games, and supportive discussion.

#### Register:

Visit <u>www.burnabystrokegroup.org</u> for more information or to register.

You can also find them on Facebook at www.facebook.com/profile.php?id=61574495399429.

**DISCLAIMER** – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.

This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.

March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

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