

## Burlington After Stroke Chapter

Burlington, Ontario (Map locations are approximate)

afterstroke@marchofdimes.ca

Téléphone : 1-888-540-6666

Web :

[https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew\\_OpyuNE5altumgvX6BAp94QrEOsMWVUNEfHVUNTn0FWMjFaQzYxVDhZRjEyUFJRUY4u](https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew_OpyuNE5altumgvX6BAp94QrEOsMWVUNEfHVUNTn0FWMjFaQzYxVDhZRjEyUFJRUY4u)



## Summary

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## <b>Description</b>

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### Dates & Times:

Fourth Wednesday of each month, from 12 noon - 2 pm

### Who would benefit from this group?

Anyone in Burlington and surrounding areas who has been impacted by stroke.

### Description of the group:

We understand that isolation and loneliness are an overwhelming fact of life for many stroke survivors. This group exists to provide a caring community of peers beyond the hospital doors, to promote socialization and community building, and to let other stroke survivors within Halton know of our existence. In addition to holding the monthly support group meetings, we organize social and educational programs, and an annual summer picnic in July.

## Language Spoken

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English